CEP Cafeteria MENU December2022

**MON: TUES: WED: THUR: FRI:**

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| WEEK 1 (Dec 5-9) ALL SPECIALS $ 6.50 (INCLUDES HST) | | | | |
| **Honey Garlic**  **Meatballs**  **w/ rice & veg.** | Chicken Quesadillas  w/ side salad | **Baked Spaghetti**  **w/ side salad** | **Broccoli Cheese Quiche**  **w/ side salad** | **Donair Pizza**  **w/side** |

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| WEEK 2 (Dec 12-16) ALL SPECIALS $ 6.50 (INCLUDES HST) | | | | |
| **Chicken Tenders**  **w/ side** | **Nacho Pierogis**  **w/ choice of toppings** | **Pasta Bake**  **w/ side salad** | **Holiday Bowl**  **(Mashed potatoes, turkey, veg., stuffing gravy w/ special treat** | **BBQ Pizza**  **w/side** |

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| WEEK 3 (Sept 19-23) ALL SPECIALS $ 6.50 (INCLUDES HST) | | | | |
| **Pizza Mac & Cheese w/side** | **Cook’s Choice**  **TBA** |  |  |  |

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| WEEK () | ALL SPECIALS $ 6.50 | | (INCLUDES HST) | | | | |
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| WEEK 5 () ALL SPECIALS $ 6.50 (INCLUDES HST) | | | | | | | |
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| **DAILY FAVOURITES (ON A ROTATIONAL BASIS)** | | | | | | | |
| **SOUP/CHOWDER / $3.50, CHILI $4.50, HAMBURGERS $3.00, CHEESEBURGERS/CHICKEN BURGERS $4.00, BREAKFAST SANDWICHES $3.50, PIZZA $3.50,** | | | | | | | |

**SANDWICHES $3.50, DELI SUBS $5.00, WRAPS $5.50, BAGELS $2.50, CHEESE, CRACKERS & GRAPES $4.00, HUMMUS & CRACKERS $3.50, NACHO BAGS $2.00, VEGGIE BAGS $2.00, SALADS $3.50SM/$4.50LG, YOGOURT PARFAITS $4.00,**

**FRUIT CUPS $4.00, MUFFINS $1.50**

DAILY EXPRESS (ALWAYS READY TO GO)

\*\*Menu Items and Prices subject to change